

**LEVEL 1 UMPIRE
COMPETENCIES**

Evidence of competencies can be shown at modified versions of hockey or lower levels of club/ school hockey in Australia.

Level 1 Umpire Competencies	
Manage Self	<ul style="list-style-type: none"> 10. Attain a level of fitness appropriate to the standard of hockey 11. Prepare physically and psychologically for umpiring activity 12. Exhibit correct basic positioning on the field 13. Receive and respond to feedback from the Umpire Coach/ Senior Umpires
Manage Athletes	<ul style="list-style-type: none"> 14. Apply the basic rules of hockey 15. Demonstrate correct use of the whistle 16. Demonstrate correct use of signals 17. Respond effectively to dangerous play
Manage Others	<ul style="list-style-type: none"> 18. Apply a positive and cooperative attitude towards others 19. Communicate with co-umpire
Manage Environment	<ul style="list-style-type: none"> 20. Identify and act upon potential risks and hazards in the competition environment 21. Abide by the Officials Code of Behaviour